

CHOOSE A PRIMARY CARE PROVIDER

Why should I choose a primary care provider? How do I choose a PCP?

If you are enrolled in HealthSelect of Texas[®], you must have a primary care provider (PCP) on record with Blue Cross and Blue Shield of Texas (BCBSTX) to get the highest level of benefits and save the most money. Your PCP serves as your first point of contact when you need non-emergency medical care. HealthSelectSM Out-of-State, Consumer Directed HealthSelectSM and HealthSelectSM Secondary participants may also benefit from having an in-network PCP, even though it is not required.

For HealthSelect of Texas participants:

You have 60 days from the date your HealthSelect coverage starts to choose an in-network PCP. Your PCP is responsible for coordinating your care, making referrals to see specialists and writing orders for lab and imaging services. All of your health care services must be coordinated through your PCP in order for you to receive in-network benefits. If you have not chosen a PCP after 60 days of being an active HealthSelect of Texas participant, out-of-network benefits will apply for any services you get - even from in-network providers.

Why you should have a PCP:

- You'll have to a doctor that knows you and your medical history.
- If you're sick, it's easier to schedule an appointment as an established patient.
- Visits to your in-network PCP are less expensive than visits to urgent care centers or specialists.

Call a BCBSTX Personal Health Assistant toll-free at **(800) 252-8039**, Monday– Friday, 7 a.m. - 7 p.m. and Saturday, 7 a.m. - 3 p.m. CT.

OR

Use Blue Access for MembersSM:

1. Go to www.healthselectoftexas.com
2. Click on "Log In" in the upper right-hand corner. If you already have a Blue Access for Members account, log in. If you do not have an account, click "Register Now" and use your medical ID card to create an account.
3. Once you're logged in, go to the "Doctors and Hospitals" tab.
4. Search for providers by specialty or name.
5. From the search results page, select the "Primary Care Provider" filter at the top of the page.

Don't wait – take a few minutes today and [choose a PCP](#). Remember, you can change your selection at any time.

If you've already chosen a PCP, don't forget to schedule your annual wellness exam. Preventive services – like annual wellness exams and preventive vaccinations – are covered at 100% when you visit an in-network provider.